# Protein-Fortified Low-Fat Strawberry Drinkable Yogurt



#### **INGREDIENTS**

|  | Usage Levels (%) |
|--|------------------|
| Yogurt Base  | 100.00           |
| Fresh skimmed milk (0.2% fat, 9% MSNF)                       | 96.80            |
| Whey protein concentrate, 80% protein (WPC 80), high-gelling | 3.00             |
| Culture, commercial frozen concentrate                       | 0.20             |
|  |                  |
| Drinkable Yogurt   | 100.00           |
| Water  | 45.95            |
| Yogurt base (from above)                                     | 36.00            |
| Frozen strawberry puree                                      | 10.00            |
| Whey protein concentrate, 80% protein (WPC 80), high-gelling | 7.20             |
| Strawberry flavor  | 0.45             |
| Pectin, high methoxyl  | 0.27             |
| Sucralose solution   | 0.05             |
| Citric acid  | 0.05             |
| Potassium sorbate  | 0.03             |
| Total  | 100.00           |

#### **NUTRITIONAL CONTENT**

| Per 100g            |         |
|---------------------|---------|
| Calories            | 50 kcal |
| Total Fat           | 0.5 g   |
| Saturated Fat       | 0 g     |
| Trans Fat           | 0 g     |
| Cholesterol         | 0 mg    |
| Total Carbohydrates | 4 g     |
| Dietary Fiber       | 0 g     |
| Sugars              | 3 g     |
| Protein             | 8 g     |
|                     |         |

#### **PREPARATION**

Yogurt Base

- 1. Hydrate dry ingredients for yogurt base in fresh milk.
- 2. Heat to 90°C (194°F) and hold for 10 minutes. Cool to 40°C (104°F).
- 3. Inoculate with yogurt starter culture.
- 4. Incubate at 42°C (108°F) until pH reaches 4.4.
- 5. Agitate yogurt at high speed. Then cool to 20-25°C (68-77°F).



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#### **PREPARATION**

### (continues)

Drinkable Yogurt

- 1. Dissolve pectin and protein into water.
- 2. Combine pectin-protein solution, flavor, strawberry puree and remaining ingredients.
- 3. Agitate drinkable yogurt-mix slowly for at least 15 minutes.
- 4. Pasteurize at 90-95°C (194-203°F) for 10-15 seconds.
- 5. Fill and store at 0-4°C (32-39°F).

Rely on the dynamic lineup of U.S. dairy to meet consumer demands for global product development. The U.S. Dairy Export Council (USDEC) offers resources on **ThinkUSAdairy.org** including a dairy ingredient supplier search, consumer, nutrition and product research, technical insights and prototype assistance to help develop and launch your next successful product. 

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This formula serves as a reference. Product developers are encouraged to modify the formula to meet manufacturing and finished product specification needs. Developed by Hugunin & Associates, USA. © 2014 U.S. Dairy Export Council.

