

## INGREDIENTS

|                                                | Usage Levels (%) |
|------------------------------------------------|------------------|
| Flour, all-purpose, pre-sifted                 | 45.6             |
| Water                                          | 27.6             |
| Shortening                                     | 15.0             |
| Whey protein concentrate, 34% protein (WPC 34) | 4.0-6.0          |
| Skimmed milk powder                            | 3.0-4.0          |
| Baking powder                                  | 3.0              |
| Salt                                           | 1.0              |
| Total                                          | 100.00           |

Por 100g

| Per 100g            |         |
|---------------------|---------|
| Calories            | 360kcal |
| Total Fat           | 17g     |
| Saturated Fat       | 4g      |
| Trans Fat           | 5g      |
| Cholesterol         | 0mg     |
| Total Carbohydrates | 43g     |
| Dietary Fiber       | 1g      |
| Sugars              | 5g      |
| Protein             | 8g      |
| Calcium             | 293mg   |
| Magnesium           | 24mg    |
| Phosphorus          | 208mg   |
| Potassium           | 150mg   |
| Sodium              | 830mg   |
| Iron                | 3mg     |
| Vitamin A           | 4IU     |
| Vitamin C           | 1mg     |

## PREPARATION

- 1. Sift together pre-sifted flour, baking powder, baking soda and salt.
- 2. Cut in shortening.
- 3. Blend in WPC 34 and skimmed milk powder, forming soft dough.
- 4. Knead lightly on a nonstick surface.

- 5. Sheet at 20 mm (0.8") thickness, cutting with a non-stick form.
- 6. Set on ungreased pan, baking at 232°C (450°F) for about 10 minutes.

Rely on the dynamic lineup of U.S. dairy to meet consumer demands for global product development. The U.S. Dairy Export Council (USDEC) offers resources on **ThinkUSAdairy.org** including a dairy ingredient supplier search, consumer, nutrition and product research, technical insights and prototype assistance to help develop and launch your next successful product. (Carter Council) (Carter Council

This formula serves as a reference. Product developers are encouraged to modify the formula to meet manufacturing and finished product specification needs. Developed at Knechtel Laboratories. ©2014 U.S. Dairy Export Council.

